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Answering still more Questions By 2013Maurice Barbanell

Are you happy using Roy as a medium?

I am quite happy with the medium. I'm quite happy with Roy. I am after all using his body. It's very nice of him to be able to share it with me. That is a problem we have. We refer to our contact, the person that we are coming through, in the third person because it separates the person from the individual doesn't it? It's almost like you're talking about a third person. You're talking about the medium. You're not talking about the individual and it is the individual who is the medium. Well it is his or her physical body that we are using, whether it be in light or deep trance.

Even when we are in light trance we are still utilising the individual because we are utilising the subconscious. It can be likened to a mirror you know. I don't know if you've ever been told how we actually work. In light trance we place our thoughts, indisposed with the thoughts of the individual we are working with, and it's like we put a mirror in the head, in the brain, and the mirror closes off the consciousness of the medium and our thoughts are then placed on the mirror and then thrown into the subconscious and then the medium is allowed to utilise those words as if they are their own.

It's quite clever really isn't it? And then we have, as we are doing now, when you are coming through in deep trance it's totally different because then you are actually inside and therefore you have to use the voice box, you have to have control of the whole workings of the physical body.

When Red Cloud first came to our group the intent was that he would develop the deep trance that was required or more correctly he would assist in the development. He obviously cannot develop within himself but he would assist and that would be his sole input and be an occasional visitor as time moved forward. We would then utilise the development that he had done to go forward. At the last Upliftment the discussion and the analysis of where we were heading occurred and it was decided that we would utilise Estelle, so she was asked to be part of our journey forward. To this end we are utilising Estelle, at this point in time, in an exclusive mode. You will not hear of her in any other group, well not as a correct statement, unlike Red Cloud.

OK. So we can actually claim exclusivity?

In the short term yes.

Is all healing power we receive from spirit the same?

It depends upon who is administrating the power from spirit side because if the individual who is delivering the power spirit side is from the astral sphere obviously his ability to transmit the higher power is limited, but if you get somebody who has a tap into the power directly from the Great Spirit then anything can be achieved and that is what the Nazarene had. He had a direct communication with the Great Spirit.

How do you get the communication?

You have to purify yourself to have the individual in tune with your astral because if your astral is not as pure as it should be then the higher individuals, the higher vibrations, have a greater difficulty in transmitting the power through. I hope I'm not being offensive but you asked a question and I was trying to be as correct as possible.

Let's say you've got the desire to help other people with healing, do you have to make a connection with the higher power to do healing?

No you have to purify yourself so the higher vibrations or the people from the higher vibrations can utilise yourself.

How can you purify yourself?

You have to purify your being.

How would you go about that?

You live your life in love. You live your life in non-judgemental, non-hostility and all the things that you have been told you have to do to improve your being. It's as simple as that. So therefore in essence the purity is totally within your grasp, in your hands, but notwithstanding that, if you ask for the healing power to come, the power will come in as bigger amplitude as is possible because when you are delivering the healing power you can consider that the deliverer of the healing power, i.e. the person who was giving healing, has a different diameter of tube. If you have a small diameter obviously only a small amount of healing power can pass through. If you have a large diameter tube then the healing power can flow a lot freer. Do you understand? I was trying to put it in simplistic terms. Obviously that's not quite how it works but that is purely for demonstration.

So what if you do it in love and light?

You have to improve yourself.

So you enlarge the actual you for the flow to come through.

Yes and there are times, if the healing is done for demonstration purposes, that we can break through that barrier, so I'm giving you a generalisation rather than a specific instance because for every rule there is a contradiction. But I'm giving you what would be normality.

Therefore if you do it in love and light, you're doing it to the highest good for the people around you, that is 50% of the way isn't it?

Well you're going a long way towards it and you have to purify yourself, I can't put it any kinder than that, but notwithstanding that if you are there delivering healing power with love in your heart, healing power will pass, through because as healers we are all merely conduits. We are merely the receptacle which the healing power passes through, the conduit between the physical and the astral.

As you have been told so frequently, unless you ask questions we don't fully understand what you do not know.

Or what we do know.

Or what you do know because obviously for us to give the information we have to be advanced enough should I say, so that the information that we are giving out is a normal part of our being, because it's only when it becomes a normal part of your being that you can transmit it with ease.

Absolutely otherwise it is a matter of making it up as you go along.

Well otherwise it is merely academic. It's what you have been told and what also occurs occasionally, if we don't know it ourselves, we've had our mentors explaining to us and therefore we can pass on the information that we have been given. Makes us sound quite intelligent when we do that you know.

We're all learning. We're all doing our best.

The intention is the most important part of what we do. The intent is what matters and do not ever allow the egotism to enter your mind because when you're delivering the healing power and people have their pain and have their ailments removed, they cannot give thanks to the recipient where the thanks should go. They give thanks to the individual who has been transmitting the power and therefore it's very easy in that scenario to take the accolades upon yourself and then as soon as you do that the ability to deliver the healing power will be reduced. Do you understand? Because you are doing it then for egotistical reasons and you know what we say about ego. Well is there anything else I can enlighten you on?

Just a question about the trumpet. The main thing for us to do is to concentrate some power into it at the start of our meeting.

Correct. The rest is up to us. All you have to do is to get the situation adequate or correct and then that is all you can do because you cannot physically empower the trumpet with ectoplasm. You can't physically deliver what is required but what you can do is collect the energy, the vibration which assists us in developing the necessary. Do you understand? I mean it's the same thing with a medium. There is nothing you can do unless your guide comes through and controls. You can say I want to be a medium, sit in the dark and sit there for the next 10 years. Unless you have a connection from our side, it won't occur and I use that as a fictitious comparison.

If people like yourself do not actually come through the person is superfluous, they can't deliver anything.

Exactly, you are merely an empty glass.

A person can make it up.

Where is the truth in that? If somebody is "making it up" as you so quaintly put it and you sit with them for a considerable period of time, the falseness of their ability would soon come through. As will be used on many occasions the statement that Judith made when asked why she was convinced that information coming through her husband was in fact from spirit, she replied that Roy is not that intelligent and could not deliver the teachings we receive. That statement will go down in perpetuity, Judith. But it's true. We as mediums do not have the capacity of knowledge which comes forth. We might have it because we have been told but we do not have it in ourselves. We can't necessarily convey it in the right way and that's the big thing, it's the way people convey it, and you've had enough proof over the years to know that the contact and the communication is nothing but 100% genuine.

There's a lot of people who activate their ego and they have a small amount of ability but when they sit and nothing comes, they then pretend and that obviously cannot...we cannot move forward with individuals such as that. We have to have full control and I don't know if you've actually ever considered how much trust an individual has to have to allow us to do what we do. Because they in fact are leaving themselves open for our physical, I say our physical being because in our thinking and our essence we still consider ourselves as solid physical beings, but for our being to be contained within their material body is a huge sacrifice. It's not until you come here and you actually see the process you realise how much trust our mediums have and it is something that a lot of people do not give full credence to. They want to be mediums without the realisation of the problems which can occur because if somebody wants to, desperately wants to be a medium and they do not have the ability, the wrong side can utilise that desire and therefore it can be developed in the wrong way. Misguided beings and there are an awful lot of them around you know. We know as once we had first-hand experience and we don't want to go down that avenue again.

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